

In The Loop

Weekly Newsletter for Parents & Carers

Welcome



It has been a busy and exciting week with students taking part in some fantastic opportunities both in and out of the classroom.

Thursday's Open Evening was a tremendous success with over 1200 prospective families visiting the school throughout the evening. It was our opportunity to showcase everything that makes our school such a special place. I would like to thank all staff for the energy and enthusiasm they brought to the event. Visitors were able to experience the vibrant atmosphere across every faculty with engaging activities and demonstrations highlighting the opportunities available to our students. A particular thank you must go to our student ambassadors who were truly outstanding. They welcomed families and led tours around the school. We were so proud of them as parents were commenting about how confident they were and how they 'talked about their school with such pride'. Well done ambassadors!

We have had a wonderful week of extra curricular activities and trips. To name a few but not spoil the newsletter items, our Year 9 and Year 10 Textiles and Art & Design students recently enjoyed an inspiring visit to Boden, gaining a valuable insight into the world of fashion and design. From initial concepts and design ideas through to manufacturing and production students were given a real behind-the-scenes look at the fashion industry. The experience helped students understand the wide range of careers available within the sector and allowed them to see how creativity, innovation and teamwork come together in a professional environment. Also our Key Stage 4 Art and Textiles students also recently visited the world-renowned Yorkshire Sculpture Park to support the development of their GCSE portfolios. Surrounded by stunning landscapes, students explored a variety of large-scale installations by internationally recognised artists. The visit provided invaluable opportunities to gather primary research, develop observational drawing skills and gain inspiration for future coursework.

Experiences such as these are so important in helping students make meaningful connections between classroom learning and the wider world - bring learning to LiFE! We look forward to seeing how these visits influence and inspire their future work.

Have a wonderful weekend and we look forward to seeing our students on Monday morning.

Kathleen Baxter
Co-Head Of School



Steps to Success



Dear Parent/Carer,

As you are aware, Year 11 is a crucial year for our students, and we are committed to supporting every student to “**be better than they thought they could be.**”

With this in mind, we would like to invite you and your child to our **Year 11 ‘Steps to Success’ Evening on Monday 28th September, from 5:00pm.**

Refreshments will be available on the evening, and any donations will go towards our **Year 11 Prom.**

We will begin in the Main Hall at **5:30pm.** The evening will provide you with key information and practical guidance to help support your child throughout their Year 11 journey. **We will cover:**

- **The Year 11 timeline and key dates for the year**
- **How you can support your child with revision**
- **Revision strategies and techniques that students can use effectively**
- **Wellbeing support and guidance throughout Year 11**
- **Specific information and advice from Maths, English and Science**
- **The Post-16 application process**
- **An opportunity to ask any questions you may have**

The first major milestone of the year will be our **Year 11 Trial Exams**, beginning on **Monday 26th October.**

Students should now be starting to explore and practise different revision strategies to identify what works best for them in preparation for these exams.

The evening will provide further guidance and support to help students develop these important habits.

We would love to see as many Year 11 parents/carers and students as possible at the evening. Your support and involvement can make a real difference to your child’s confidence, motivation and success this year.

If you would like to attend, please complete the Google Form using the link below:

<https://docs.google.com/forms/d/e/1FAIpQLSdFVAW9N9LYeJGn4eUMlfQjxh78ZXGJBxiDbENZun5EpR0ISg/viewform>

Jenny Jacobs
Head of Year 11
Deputy

Amy Lidbury
HeadTeacher
/ Head of KS4



Live Safe: Free Online Parent & Carer Workshops

The Violence Reduction Network is hosting free virtual sessions on Keeping Young People Safe from Knife-Related Harm.

These workshops provide parents and carers in Leicester, Leicestershire, and Rutland with essential awareness, practical guidance, and tools to help keep our children safe. You will learn about local insights, why young people become vulnerable, and how knife-related harm impacts families and communities. Each session includes a supportive Q&A segment with guidance on where to find further help.

Sessions run online from 6:30 PM to 8:00 PM on Wednesday, 18th November 2026; Thursday, 21st January 2027; Thursday, 18th March 2027.

Attendance is completely flexible, so you can remain anonymous with your camera and microphone turned off if you prefer. Simply scan the QR code above to sign up



Fidget Toys – Reminder for Parents

A reminder to parents and carers that fidget toys are **only permitted** for students who have been specifically allocated one following discussion with our **SEND team**. To minimise distraction and support a focused learning environment, the only type of fidget toy permitted in school is a popper-type toy. Please ensure that students do not bring other types of fidget toys into school unless this has been agreed with the **SEND team**.

Thank you for your support in helping us maintain a purposeful learning environment.

CVL Netball tournament

On Thursday 24th September, Year 9 took part in the **CVL Netball tournament at Heath Lane Academy**. Bosworth pupils show determination whilst playing all of their games. They saw some close games and results against **TMBS and The Hinckley School**, with only 1 goal in it. The girls really improved throughout the day and after finishing **4th in the group** we played South Charnwood who we beat 5-1.

Well done to Anushka, Aylsia, Idara, Arman, Imanie, Faith, Daisy and Tala for taking part and playing fantastically. A particular thank you to Megan Pallett who came to umpire all the games - **A great effort, well done!!**



Step Into Year 10: A Fantastic Start to the GCSE Journey

We were delighted to welcome such a brilliant turnout of Year 10 parents and carers to our Step Into Year 10 evening. It was wonderful to see so many familiar faces, all committed to supporting students as they begin their GCSE journey.

The event covered several important areas that will shape Year 10, including Work Experience, Post-16 pathways, revision expectations, and the support available throughout the year. For those who were unable to attend or parents who wanted additional information, please find the slides attached: [Step into Year 10](#)

Post-16 Pathways: Planning Ahead

We also shared key information about next steps after GCSEs. Students will receive ongoing advice about Post-16 options, including:

A-Levels

Vocational courses

Apprenticeships

Specialist pathways

And of course, the opportunity to stay at Bosworth Academy for Post-16, where many of our students continue to thrive.

Families who would like personalised advice on careers or Post-16 choices can contact Hemaxi Morar at: hmorar@lifemultiacademytrust.org.uk

Pastoral Support

As always, our pastoral team is here to support students with wellbeing, attendance, organisation, and any concerns that may arise throughout

Year 10. For pastoral queries, please contact **Mrs Devlin** at: gdevlin@bosworthacademy.org.uk

Work Experience: Placements Needed by Easter 2027

Year 10 students will complete their Work Experience in the summer term, and all placements must be secured by Easter 2027. We encourage families to begin conversations early – exploring interests, contacting employers, and considering opportunities that will help students develop confidence and employability skills.

For any guidance or support with placements, please contact Caroline Tallis at: ctallis@bosworthacademy.org.uk

Revision & Home Learning:

Building Strong Habits Early
Year 10 is the ideal time to establish consistent revision routines. Students have been introduced to our Core Four revision strategies – retrieval practice, spaced practice, interleaving, and dual coding – all designed to strengthen long-term memory and prepare them for GCSE success.

For further guidance on revision techniques or resources, please contact Kat Smoczynski at: ksmoczynski@bosworthacademy.org.uk





Meet Our Careers Team



Year 11 students have begun exploring their Post-16 choices in tutor time! A full, detailed letter regarding Post-16 applications has been sent out to all Year 11 parents.

Meet Our Careers Team

We have a dedicated Careers Team here to guide and support your child through every step of their Post-16 journey:

Kat Smoczynski – Careers SLT Link

Selma McCristal – Careers Leader

Hemaxi Morar – Careers Coordinator

Key Information & Dates:

Open Evenings: Visiting providers is the best way to choose the right fit. We would love our students to stay with us— please save the date for our Year 11 Steps to Success Evening on the 28th of September from 4:00 - 7:30pm.

Predicted Grades (W/C 26 October):

Official predicted grades will be emailed directly to students during the week commencing 26 October. Students can submit most applications as soon as they receive this email.

3-Application Goal (Deadline: 4 December 2026):
December 2026):

To cover all result outcomes, tutors will support students to apply for

for 3 options by 4 December: an aspirational choice, a realistic choice, and a back-up plan.

Early College Applications:

Courses are open at Loughborough College and Leicester College.

Leicester College processes applications on a first-come, first-served basis and high-demand courses such as

(Construction, Engineering, Electrical Installation, Plumbing, Carpentry, and Nursing/Midwifery)

It can fill up fast. If your child wants to apply before **26 October**, they will need to contact the college directly regarding submitting predicted grades later.

If you or your child have any questions, please reach out to any member of our Careers Team or your child's tutor!



Year 9 and Year 10 Textiles and Art & Design

What a fantastic trip! We recently took some of our Year 9 and Year 10 Textiles and Art & Design students to Boden, and we couldn't be prouder of how they represented the school.

From the moment we stepped through the doors, the atmosphere was brilliant. The team at Boden created such an inspiring workspace, giving our students a real behind-the-scenes look at how the fashion industry actually works, from initial ideas right through to the manufacturing process. It was a wonderful way for them to think about practical techniques and build career skills that go far beyond the classroom.



The highlight of the day was definitely the final creative challenge. The students were tasked with designing and building full outfits using only wrapping paper and accessories.

They got stuck in straight away, and the level of energy, teamwork, and sheer imagination on display was amazing.

Everyone was completely absorbed in what they were doing, and it was incredible to see their ideas come to life.

Kind regards,
Hemaxi Morar
Careers Coordinator



Riglav Insurance EJU Get Together Judo Tournament

Year 8 student Frank Zawadzki is taking part in the Triglav Insurance EJU Get Together Judo Tournament in Gdansk, Poland, and we are incredibly proud of his achievement. Frank has shown outstanding dedication to his training, balancing his sporting commitments with his schoolwork and demonstrating real determination.

We fully support his involvement and celebrate all students who pursue ambitious extracurricular opportunities. Frank's commitment, resilience and passion for judo make him a fantastic role model within our school community, and we wish him every success as he competes.



The Adventures of Otto: A Trek Across Time

When the afternoon bell rang, Otto didn't head home. With four paws on the grass, a wagging tail, and a leash full of eager energy, our favorite school puppy zipped through the gates alongside a group of excited students. Together, they set off across the open fields toward the outskirts of Desford. Their destination? The historical boundary of Leicester Forest—a place where quiet farmland now lies, but where kings, foresters, and royal stags once ruled.

The students and Otto took the public footpaths cutting southeast across the gentle rolling hills. Otto trotted happily along the field edges, sniffing out scent trails while the group stopped to look out over the landscape.



After mapping the old forest boundaries and letting Otto burn off some extra energy in the sunshine, both students and puppy began the walk back toward school grounds. It was an incredibly enjoyable afternoon of outdoor learning and fresh air for everyone involved.



Finding Inspiration: Key Stage 4 Art & Textiles

Students Visit Yorkshire Sculpture Park

Art and textiles students from Key Stage 4 recently embarked on a trip to the world-renowned Yorkshire Sculpture Park (YSP).

The trip provided the perfect backdrop for students to immerse themselves in creative exploration and gather primary research for their GCSE portfolios. Students ventured through rolling hills, ancient woodland, and open fields, discovering striking installations by celebrated international artists.



The collection challenged students to think beyond traditional canvas, showcasing works created from bronze, steel, stone, and unconventional mixed media. For the textiles students in particular, the park offered a masterclass in texture—contrasting the industrial hardness of metal sculptures with the organic softness of the surrounding landscape. Featuring works by diverse global creators, the exhibitions exposed students to varying cultural narratives, conceptual approaches, and avant-garde techniques.

Teachers noted that seeing art on such a grand, immersive scale is invaluable for building the confidence and creative risk-taking required at Key Stage 4.

The students will now return back to their classrooms, translating their Yorkshire photographs and into exciting new textile pieces and sculptural sculptures for their portfolios.



Movember

"#TeamBosworth is coming!"

Every year, too many men struggle on their own and never tell anyone how they feel.

This November, we are doing something about it..."



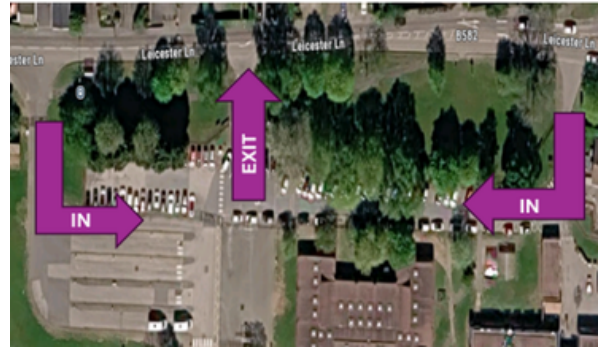
SEND Contact

We are happy to share details about our SEND provision in Bosworth Academy's [SEND Information Report](#). If you have any queries about the report please feel free to contact the SEND department.

Mrs Jones



Parking & Pick Ups



As many of you will know, the car park can become very busy. With nearly 1600 students, it is important we manage dropoff and pickup times carefully.

The school site is not open to students until 8:20am. Children should not be dropped off before this time unless they arrive on the early bus service. For those travelling by car, we have two entrances available for drop-off and collection: the 'Top' and 'Bottom' gates. The 'Middle' gate is for exiting traffic only.

The Top gate, which leads directly onto the bus park, is usually the quickest option for end of-day collections. At the end of the school day, when buses are ready to depart, car traffic will be held briefly on site to allow them to leave safely.

We recommend arriving for pick-up after the buses have departed, at around 3:20pm. Traffic flows much more smoothly at this time, both on site and on the main road outside the school. On site, we ask all cars not to exceed 5mph to ensure all pedestrians are kept safe.

Thank you for your support in helping us keep the site safe and orderly for all students.



Poster News...



2026/27 SUBJECT PARENTS' EVENINGS



DATE	TIME	YEAR GROUP
Thursday 3 rd December 2026	4 - 7 pm	Year 12 & Year 13 Subjects Evening
Thursday 7 th January 2027	4 - 7pm	Year 11 Subjects Evening
Thursday 4 th February 2027	4 - 7pm	Year 8 Subjects Evening
Thursday 8 th April 2027	4 - 7pm	Year 7 + Real LiFE Exhibition
Thursday 20 th May 2027	4 - 7 pm	Year 10 (+ targeted Year 11) Subjects Evening
Thursday 1 st July 2027	4 - 7 pm	Year 9 Subjects Evening



What Parents & Educators Need to Know about LOOKSMAXXING

WHAT ARE THE RISKS?

Looksmaxxing is an online trend focused on improving one's physical appearance, particularly among boys and young men. At the milder end, it can involve grooming, skincare, diet and exercise advice, sometimes called "softmaxxing". At its extremes, or "hardmaxxing", it can promote unproven or dangerous practices and contribute to body image concerns, low self-worth, and mental health difficulties.

TARGETING MALE INSECURITIES

Although usually aimed at men, looksmaxxing can also reach boys by promising to improve their appearance and dating success. Forums offer 'objective', and sometimes brutal, views on attractiveness, while influencers may make appearance seem all-important. Advice ranges from useful tips on hygiene, skincare, and fashion to more concerning guidance.

DUBIOUS ADVICE

Some advice moves into dubious territory. One example is "mewing", a tongue exercise claimed to create a more masculine jawline. The American Association of Orthodontists says evidence for its effectiveness is limited and warns that following such guidance could contribute to tooth alignment problems, bite issues, and speech difficulties.

EXTREME REMEDIES

Some DIY remedies are even more extreme and potentially dangerous. While fears of "bonesmashing" – which involves trying to alter the cheekbones using blunt objects for a more 'masculine' appearance – may sometimes be overstated in the media, other guidance can also cause harm. Untrained use of microneedling and derma rollers, taking substances or medication without appropriate medical guidance, and overusing skincare products can all have potentially harmful consequences.

BODY IMAGE ISSUES

This pursuit of physical perfection can become obsessive and contribute to serious body image issues. Exposure to looksmaxxing content can encourage teenagers to tie their appearance to their value and self-worth, as well as making boys and young men feel they need to change perfectly normal aspects of their appearance. This can be associated with disordered eating, overexercising, or other obsessive behaviours that interfere with everyday life.

MENTAL HEALTH PROBLEMS

As well as the physical consequences, body image concerns can be associated with mental health difficulties, such as depression, anxiety, low self-esteem, body dysmorphic disorder, and psychological distress. They can cause problems both at school and at home, with children and young people potentially avoiding social situations because they fear their appearance will be negatively judged by others.

A PATHWAY TO EXTREMES

Looksmaxxing has its roots in online 'incel' communities but has since become more mainstream on platforms such as TikTok. Algorithm-driven feeds may show users more extreme material as they interact with similar content. Some looksmaxxing spaces have also been linked with misogynistic, incel, and white supremacist ideologies.

Advice for Parents & Educators

WATCH FOR CHANGES

Keep an eye out for concerning behavioural changes in children and young people. This could include an obsession with diet and exercise, spending more time on social media apps, becoming secretive with their phone, or a shift in how they interact with friends and family. If a young person suddenly becomes distressed by their appearance or adopts rigid or extreme routines, try to understand what may be behind the change.

LISTEN FOR THE LINGO

Like many internet communities, looksmaxxing groups and influencers use distinctive language. As well as "mewing", mentioned above, you might hear terms such as "Chad" (an attractive male), "foid" (a misogynistic term for a woman), and "moggling" (looking more attractive than someone else). Other examples involve adding "maxxing" to another word, such as "jestermaxxing" (using humour to attract women) and "starvemaxxing" (extreme dieting).

CHECK THE SOCIAL MEDIA

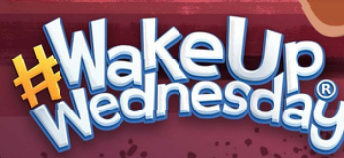
Social media algorithms are tailored to each user, meaning what appears on your feeds may be dramatically different from what children see on theirs. Try to get an idea of the content children and young people are consuming online, and use available parental controls where appropriate. TikTok, for example, provides tools that can help families manage or filter certain types of content.

TALK TO YOUR CHILDREN

Open communication can help children and young people recognise misleading influencers and harmful online communities. Discuss unrealistic ideas about appearance and explain that some creators benefit from controversial or extreme content. Talk about the risks of unqualified health advice and how people's insecurities can be exploited online, while making it clear that it's okay to speak openly about any concerns.

Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



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See full reference list on our website

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Free School Meal Eligibility & Support

As you will now know the Local Authority no longer checks eligibility for (FSM) Free School Meals and this is now completed at a school level.

Thank you to those parents & carers who have already completed their check or contacted the school for help doing this.

Please if you have not done so already use the link below to check your eligibility.

It takes 2 minutes, you only need your Date of Birth and National insurance number and it could result in extra support in school for your child through, Pupil Premium Funding, Free School Meal Funding and help towards the cost of school buses.

<https://fsm.lgfl.net/>



Free School Meal eligibility changes from 1st Sept 2026

Check if your child is eligible for Free School Meals/Pupil Premium funding using this link: <https://fsm.lgfl.net/>

Targeted FSM

Eligible pupils receive:

- Free School Meals
- Pupil Premium

Expanded FSM

Eligible pupils receive:

- Free School Meals

Ever 6 FSM

Eligible funding:

- Pupil Premium
- Continues to attract funding for 6 years.

If your child is in receipt of Pupil Premium funding, they have access to the following. Please email their Head of Year for more information or Mrs E Cotton (SLT Pupil Premium Lead).

- Uniform contribution of £30
- Free equipment (pencil case, pens, highlighters, rubber, ruler)
 - Revision guides in Year 10/11
 - A reduction in the cost of trips
- Extra support for English/Maths if required in KS3
 - Extra English/Maths tuition in Year 11
 - Access to our food pantry



Lunch Menu

We will now be having the lunch menu on a three- week rotation. Please see below for the menu for next week which is the second week on rotation. K.Ford

WHAT'S FOR LUNCH THIS WEEK?				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka Masala White Rice Broccoli Naan & Onion Bhaji	Cheesy Omelette Pork Sausage Hash Brown Baked Beans	Roast Pork & Yorkshire Pudding Roast Potatoes Mixed Vegetables Gravy	Caribbean Jerk Chicken Rice & Peas Corn on the Cob Coleslaw	Southern Fried Chicken Seasoned Potato Wedges Baked Beans
Katsu Curry White Rice Broccoli Naan & Onion Bhaji	Creamy Garlic Chicken Mashed Potato Peas	Seasoned Roast Chicken & Yorkshire Pudding Roast Potatoes Mixed Vegetables	BBQ Chicken Breast Rice & Peas Corn on the Cob Coleslaw	Beef Lasagne Seasoned Potato Wedges Petit Pois
Vegan Veggie Balli Yellow Rice Broccoli Naan Bread & Onion Bhaji	Vegan Sausage Mashed Potato Baked Beans	Seasoned Vegan Fillet & Yorkshire Pudding (Optional) Roast Potatoes Mixed Vegetables Gravy	Jerk Vegan Slice Rice & Peas Corn on the Cob Coleslaw	Vegetable Lasagne Seasoned Potato Wedges Petit Pois
Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day



Filled Baguettes, Sandwiches, Wraps available Daily

WEEK 1

you would like information on which foods contain allergens please ask a member of the catering team who will be happy to help

Want to look up an old article?

Our most recent 'In The Loop' Newsletters are available [here](#) for you to access.



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Website | bosworthacademy.org.uk | Headteacher Simon Brown Follow us on social media | Instagram, Facebook, Twitter, LinkedIn

Important Contacts

Key Stage 3 (Years 7 and 8)

Assistant Headteacher KS3: Liam Grest
lgrest@bosworthacademy.org.uk

Head of Year 7: Kirsty Hayton

khayton@bosworthacademy.org.uk

Assistant Head of Year 7: Wendy Sessions
wsessions@bosworthacademy.org.uk

Head of Year 8: Omais Khalid

okhalid@bosworthacademy.org.uk

Assistant Head of Year 8: Gary Fox
gfox@bosworthacademy.org.uk

Key Stage 4 (Years 9, 10 and 11)

Deputy Headteacher KS4: Amy Lidbury
alidbury@bosworthacademy.org.uk

Head of Year 9: David Mowbray

dmowbray@bosworthacademy.org.uk

Assistant Head of Year 9: Caroline Tallis
ctallis@bosworthacademy.org.uk

Head of Year 10: Georgia Devlin

gdevlin@bosworthacademy.org.uk

Assistant Head of Year 10: Ellen Wright
ewright@bosworthacademy.org.uk

Head of Year 11: Jenny Jacobs

jjacobs@bosworthacademy.org.uk

Assistant Head of Year 11: Laura McQuaid
lmcquaid@bosworthacademy.org.uk

Key Stage 5 (Years 12 and 13)

Assistant Headteacher KS5: Louise Holdback
lholdback@bosworthacademy.org.uk

Head of Year 12: Alison Woolley

awoolley1@bosworthacademy.org.uk

Head of Year 13: Chloe Stephenson

cstephenson@bosworthacademy.org.uk

Designated Safeguarding Lead: Nikki Whitaker
nwhitaker@bosworthacademy.org.uk

Report a safeguarding concern:

DSL@bosworthacademy.org.uk

Student Support:

studentjusttalk@bosworthacademy.org.uk

Attendance Support:

attendance@bosworthacademy.org.uk

